

samplepaperlibrary.in

UPSC conducts the CDS exam every year to screen young men and women eligible for admission to the **Indian Naval Academy (INA)**, **Indian Military Academy (IMA)**, **Air Force Academy (AFA)**, and **Officers Training Academy (OTA)**.

Everyone knows that lots of candidates apply for the CDS exam every year. And You are also want to apply for the CDS exam.

The full form of the CDS exam is the **Combined Defence service**.

So, the first question that will come to your mind is "**Am I eligible for this CDS exam or not?**".

Don't worry about that

In this article, I will show you in-depth eligible criteria for the CDS exam. Check your eligibility from this article.

And If you're eligible for this exam you must definitely apply for this post.

Because this post gives you the two most important factor of life is **High salary(Aprox 1lacs+ per month)**, and **High Respect**.

So, let's get started

1. Nationality For CDS Exam

Check the following points to know about the CDS exam in detail. Candidate Must be

- A Citizen of India
- A Citizen of Bhutan or Nepal
- A Tibetan candidate who comes to India before **January 1st, 1962**, and wants to **settle permanently** in India.
- A person who comes to permanently settle in India from the **migrating country of India** like- **Pakistan, Burma, Sri Lanka, and East African Countries** (*Kenya, Uganda, the United Republic of Tanzania, Zambia, Malawi, Zaire, and Ethiopia or Vietnam*).

Note:-

He will also have to produce a migration certificate and a certificate of eligibility issued by the Government of India.

For Gorkha subjects of Nepal candidates, are not required to show any kind of certificate of CDS eligibility.

2. Education Qualification For CDS

For every candidate who wants to apply for the CDS exam 2021, You must need a degree of graduation. Check below for detailed information.

For Air Force Academy, candidates have a need Graduation degree from a recognized university(with maths and physics at 10+2) or a **bachelor's degree in Engineering**.

Academies	Educational qualification
For IMA and OTA Candidates	Must have Graduation from a recognized university
Indian Naval Academy (INA)	Must have an engineering degree from a recognized university/institute
Air Force Academy (AFA)	have a Bachelor Bachelor of Engineering or Graduation (with Physics and Mathematics at Class 12)

Also, keep in mind these points

- You can apply for a position even if you are in the **final year of graduation**. **But** you must submit your graduation degree **before** the **SSB interview**.

- The date of issue in the **certificate of degree** and the specified date declared by UPSC must be earlier than the date of issue. Otherwise, their candidature will be **canceled**.
- Candidates who are denied any kind of commission in the Defense Services by the Ministry of Defense will **not be eligible** for admission to the examination.

samplepaperlibrary.in

3.CDS Exam previous year question paper

We are providing the last few year's CDS exam previous year's question paper for free. This exam was conducted in **offline mode**.

Here, Question papers have been providing separately for **Mathematics, English, and General Knowledge(GK)**.

[Click To !\[\]\(a03a7eb2f4046e1d3c76772003e549ea_img.jpg\) Download Previous Year Question Paper of CDS Exam](#)

Benefits of Solve CDS Previous year Question paper

- CDS previous year's question paper will help you to get an idea about, types of questions, and time spent on each question.
- CDS Exam previous year's question paper practice helps you decide how much time you devote to a particular question.
- Also, find our strengths and weaknesses to improve preparation.
- Previous year's question paper and mock tests help you to revision and practice.

Also, Check Other UPSC exam **previous year question paper** topics

[IFS Exam](#)

[IAS Exam](#)

[IES Exam](#)

4. CDS Exam Syllabus And Exam Pattern

After applying for the CDS exam, **first**, you need to know about the CDS exam syllabus and Exam Pattern.

In fact, a better understanding of the CDS syllabus and the latest **CDS exam pattern** is important for the candidate to **strategically plan the preparation** for the CDS exam.

So, **Click the below link to**

5. Age Limit, Gender and Marital Status for CDS 2021

According to the UPSC, the Candidate must have unmarried.

Divorced/Widower candidates are not eligible for the CDS exam and Chennai courses as they are considered married.

Below the table, I show you in detail

Academy	Age Limit	Gender	Marital Status
Indian Military Academy (IMA)	19 – 24 Years	Male	Unmarried
Indian Naval Academy (INA)	19 - 22 Years	Male	Unmarried
Air Force Academy	19 - 23 Years	Male	<25 years unmarried or >25 years both married and unmarried.

Officers' Training Academy (SSC Women Non-Technical Course)	19 - 25 Years	Female	Unmarried Women, issueless widows who have not remarried, and issueless divorcees (in possession of divorce documents) who have not remarried are eligible.
Officers' Training Academy (SSC Course for Men)	19 - 25 Years	Male	Unmarried

<https://www.samplepaperlibrary.in/>

Note:-

Certificate Issue: UPSC will accept only those date of birth which is recorded in **Secondary School Examination Certificate** or any Indian recognized University.

Candidate's DOB recorded by the **admission commission**. Hence, **no change will be allowed** on any ground at a later date or in the subsequent examination.

Other Documents: 12th mark sheet, category certificate, radar card/pan card, etc are acceptable.

If it is found that the date of birth or **any certificate does not match** with the valid proof, disciplinary **action will be taken against** them by the commission under the rules.

6. CDS Eligibility Criteria 2021-Physical Standards

According to the UPSC guidelines, candidates must have mentally and physically fit. A good number of qualified candidates become ineligible on medical grounds.

General standards for Body :

- The body mass index should be below 25.
- The waist to hip ratio should be below 0.9 for men and 0.8 for women.
- Waist circumference should be less than 90 cm for men and less than 80 cm for women.
- All biochemical metabolic parameters should be within normal limits.

Guidelines for tattoo:

- Permanent body tattoos are strictly prohibited for all candidates.
- If the candidate belongs to some specific tribes where there is a tradition of tattoos will be allowed on case to case basis

samplepaperlibrary.in

CDS Heights and Weights Standards for Males:

The **minimum height for males** is approx 157.5cm (but 157 cms for the Navy and 162.5 cms for Air Force).

For Female candidates, the minimum height is 152cm.

For **Gorkhas and Indian north-eastern candidates**, the Minimum acceptable height will be 5 cms less.

And **For Lakshadweep candidates**, the minimum acceptable height will be 2 cms less.

The following table mentioned **standards Army and Navy** candidates

Height in Centimetres (Without shoes)	Weight in Kgs.			
	18 years	20 years	22 years	24 years
152	44*	46	47	48
155	46	48@	49	50
157	47	49	50	51
160	48	50	51	52
162	50	52	53	54

165	52	53	55	56
168	53	55	57	58
170	55	57	58	59
173	57	59	60	61
175	59	61	62	62
178	61	62	63	64
180	63	64	65	66
183	65	67	67	68
185	67	69	70	71
188	70	71	72	74
190	72	73	74	76
193	74	76	77	78
195	77	78	79	81

Note:- A departure of $\pm 10\%$ (for Navy) from the mean weight given in the table above is to be considered within the normal range. However, it may be waived to a certain extent on merit, in individuals with **heavy bones** and **fat builds**, as well as in individuals who are thinly built but otherwise healthy.

Height and Weight Standards (Females)

The minimum height is **152 cm**. But check the detail height and weight from the given table.

Height in Centimetres (Without shoes)	Weight in Kgs.		
	20 years	25 years	30 years
148	39	41	43
150	40	42	43.5
153	42	43.5	45
155	43	44	46
158	45	46	48
160	46	47	49
163	47	49	51
165	49	51	53
168	50	52	54

Avoid these common mistakes:

- Wax (ears)
- Deviated Nasal Septum
- Hydrocele/Varicocele/Phimosis
- Overweight/Underweight
- Piles
- Gynaecomastia
- Tatoo

Height and Weight for air force male candidates

The allowable weight for Air Force candidates will be $\pm 10\%$ of the average. (for FAT% (<20) of normal individuals).

Height in mm	Age Range in Year							
	15-17	18-22	23-27	28-32	33-37	38-42	43-47	>48
1520	46	47	50	54	54	54	55	54
1530	47	47	51	55	55	54	56	54
1540	47	48	51	56	55	55	57	55
1550	48	49	52	56	56	56	57	56
1560	48	49	53	57	57	56	58	56
1570	49	50	54	58	58	57	58	57
1580	49	50	54	58	58	58	59	58
1590	50	51	55	59	59	59	60	58
1600	51	52	56	59	60	59	60	59
1610	51	52	56	60	60	60	61	60
1620	52	53	57	61	61	61	62	60
1630	52	54	58	61	62	61	62	61
1640	53	54	59	62	63	62	63	62

1650	53	55	59	63	63	63	64	62
1660	54	56	60	63	64	64	64	63
1670	54	56	61	64	65	64	65	64
1680	55	57	61	65	65	65	65	65
1690	55	57	62	65	66	66	66	65
1700	56	58	63	66	67	67	67	66
1710	56	59	64	66	68	67	67	67
1720	57	59	64	67	68	66	68	67
1730	58	60	65	68	69	69	69	68
1740	58	61	66	68	70	69	69	69
1750	59	61	66	69	71	70	70	69
1760	59	62	67	70	71	71	71	70
1770	60	62	68	70	72	72	71	71
1780	60	63	69	71	73	72	72	71
1790	61	64	69	72	73	73	73	72
1800	61	64	70	72	74	74	73	73
1810	62	65	71	73	75	75	74	73
1820	62	66	72	74	76	75	74	74
1830	63	66	72	74	76	76	75	75
1840	64	67	73	75	77	77	76	75
1850	64	68	74	75	78	77	76	76
1870	65	69	75	77	79	79	78	77
1880	66	69	76	77	80	80	78	78
1890	66	70	77	78	81	80	79	79
1900	67	71	77	79	81	81	80	79

1910	67	71	78	79	82	82	80	80
1920	68	72	79	80	83	82	81	81
1930	68	73	79	81	83	83	81	82
SD	6.0	6.3	7.1	6.6	6.9	6.8	5.8	7.26

samplepaperlibrary.in

7. Other Physical standard Eligibility

Height and weight alone are not enough, many other physical parameters help the candidates to prove their physical fitness.

Physical Conditioning:

Candidate should maintain their body by following these exercise:

- **Running:** 2 to 4 km in 15 minutes
- **Pushups & Sit-ups:** Minimum 20 each
- **Chin-ups:** Minimum 8
- **Rope Climbing:** 3 to 4 meters
- **Skipping**

Dental conditions:-

Read the following details to know about dental conditions for the CDS exam eligibility:

- Early pathological conditions of the jaw, which are considered progressive or recurrent. Significant jaw discrepancies between the upper and lower jaw may hinder efficient chewing and/or will cause speech rejection.
- It is symptomatic temporomandibular joint clicking and tenderness that are **subject to rejection**.
- Mouth openings of less than 30 mm are measured at the incision edges, displacement of the TMJ at the wider opening.
- All possible cancer conditions.
- Clinical diagnosis for submucous fibrosis with or without the restriction of mouth opening. The poor oral health condition in the form of gross visible stones, periodontal pockets, and/or bleeding gums.

- **Loose teeth:** More than two mobile teeth will make the candidate unsuitable. Be unfit for at least 24 weeks from the date of cosmetic or post-traumatic maxillofacial surgery/trauma surgery/injury, whichever is later.
- If malformation of teeth is hindering efficient chewing or oral hygiene or normal nutrition or efficient performance of duties.

Chest Eligibility:

Evidence of tuberculosis, or tuberculosis, lesions of the lungs, heart, musculoskeletal lesions of the chest wall **are the cause of rejection.**

Abdominal and genitourinary system: Hernia, undescended testis,

- varicocele, organomegaly, solitary kidney,
- horseshoe kidney and kidney/liver cysts, gallstones,
- kidney and ureteric stones,
- lesions/malformations of the urogenital organs, hemorrhoids,
- sinus Problems like,
- and lymphadenitis/pathy can make a candidate rejected on medical grounds.

Visual Standard

UPSC defines three types of visual standard for CDS exam eligibility which given below:

For OTA and IMA-

- Uncorrected Vision VA 6/60 & 6/60
- BCVA ratio 6/6 & 6/6
- **Myopia** < -3.50 D Sph (including astigmatism)
- **Hypermetropia** $+3.50$ D Sph including Astigmatism
- Colour perception CP-II

Male	Female
Vision (corrected) better eye 6/6 and worse eye 6/12	Vision(corrected) better eye 6/6, worse eye 6/12

Myopia of not more than minus 3.5 D	Myopia of not more than minus 5.5 D
Manifest hypermetropia should be less than plus 3.5 D including Astigmatism	Manifest hypermetropia should be less than plus 3.5 D including Astigmatism.

For Naval Academy:

Uncorrected without glasses	6/12, 6/12
Must be Corrected with glasses	6/6, 6/6
Limits of Myopia	-1.5D
Limits of Hypermetropia	+1.5D
Binocular Vision	III
Limits of Colour Perception	I

For Air Force:

Candidates who wear **spectacle** regularly are **not eligible for the air force**. Minimum far vision 6/6 in one eye and second 6/9.

Hypermetropia Colour Vision CP-1 should have :

- **Hypermetropia:** +2.0 d Sph
- **Manifest Myopia:** Nil
- **Retinoscopic Myopia:** -0.5 in any meridian
- **Astigmatism :** +0.75 D Cyl (with + 2.0 D- Max)

Hearing Standard Eligibility

Avoid these following middle ear condition

1. Attic, central or marginal perforation.
2. Tympanic membrane scar with marked retraction.
3. Tympanoplasty Type II onward but not type I.
4. Calcareous plaques (tympanosclerosis) if occupying more than 1/3 of pars tensa.
5. Middle ear infection.
6. Granulation or polyp in the external auditory canal.
7. Stapedectomy operation.
8. Otosclerosis
9. Meniere's disease
10. Vestibular dysfunction including nystagmus of vestibular origin.
11. Bell's palsy following an ear infection.

Speech Test: Free field hearing loss is a cause of rejection. Any reduction in CV/FW of fewer than **600 cms is not acceptable.**

Audiometric test: Audiometric loss should **not exceed 20 dB** in frequencies between 250 and 8000 Hz.

Tympanoplasty type: acceptable twelve weeks after surgery, provided the test of ear clearance in the elevation chamber is normal.

Cases of **cortical mastoidectomy** in the past may present with the tympanic membrane intact, normal hearing, and no evidence of disease.

samplepaperlibrary.in

Spinal Conditions for CDS Exam Eligibility:

Past medical history of diseases or injury to the spine or sacroiliac joint, which has prevented the candidate from leading a **physically active life, is the reason for rejection.**

Also, surgical treatment of **spinal fracture/prolapsed intervertebral disc** for these conditions will involve **rejection.**

The following condition will be detected during the medical tests a candidate will not acceptable for **the air force.**

- The granulomatous disease of the spine
- Arthritis/Spondylosis:
- Rheumatoid arthritis and allied disorders

- Ankylosing spondylitis
- Osteoarthritis, spondylosis, and degenerative joint diseases
- Non-articular rheumatism (e.g. lesions of the rotator cuff, tennis elbow, recurrent lumbago, etc.)
- Miscellaneous disorders including SLE, dermatomyositis, polymyositis, vasculitis.
- Spondylolisthesis/spondylolysis/spondylosis
- Compression fracture of vertebrae
- Scheuermann's disease (Adolescent Kyphosis)
- Loss of cervical lordosis when associated with clinically restricted movements of the cervical spine.
- Unilateral/bilateral cervical ribs with a demonstrable neurological or circulatory deficit.

Nervous system:-

1. Tremors, and speech impediments, as well as incontinence, are not allowed.
2. **Skin problems:** vitiligo, hemangiomas, warts, corns, dermatitis, skin infections
3. Enlargement and hyperhidrosis are not allowed.

Other Useful Test:

X-ray Examination for Army and Navy:

1. The granulomatous disease of the spine.
2. Arthritis - Rheumatoid Arthritis and Associated Disorders and Ankylosing Spondylitis
3. Scoliosis is greater than 100 degrees as measured by Cobb's method.
4. Exceeding mild kyphosis/lordosis.
5. Spondylolisthesis / Spondylosis / Spondylolysis.
6. Herniated nucleus pulposus.
7. Compression fracture of the vertebra.
8. Saccharification disease.
9. Cervical ribs may exhibit neurological or circulatory deficits.
10. The presence of Schmorl's node on more than one level.
11. Atlanto-occipital and atlantoaxial anomalies.
12. Incomplete saccharification is unilateral or bilateral.
13. There is spina bifida other than sv1 and lv5.
14. Any other abnormality, if considered so by the specialist

Medical standards In CDS Exam Eligibility:

The candidate must have to be in good physical and mental health. And also free from any kind of disease or syndrome.

- The candidate should be free from any medical condition that prompts him to visit medical facilities or use any aids/medicines.
- There should be no evidence of weak constitution, incomplete development of any system, any congenital deformity/disease/syndrome, or deformity.
- No swelling of any kind shall be allowed including tumor/cyst/swollen lymph node/s anywhere on the body.
- No sinus/s or fistula/s anywhere on the body would be considered good health.
- No hyper or hypopigmentation or any other disease/syndrome/disability of the skin.
- There is no hernia anywhere on the body.
- No scar can impair functioning and cause significant deformity.
- There is no arteriovenous malformation anywhere in the body.
- any deformity of the head and face including asymmetry, deformity from fractures, or depression of the skull bones; Or scars indicating chronic operative intervention and malformations like sinus and fistula, etc.
- No loss of vision including color perception and field of vision.
- Any hearing loss, deformity/disability in-ear vestibule-cochlear system
- No disease/disability/congenital anomaly/bone syndrome or disease of nasal cartilage, or palate, nasal polyps, or nasopharynx, uvula, and accessory sinus. There should be no nasal deformity and no features of chronic tonsillitis.
- No disease/syndrome/disability of the throat, palatine tonsils or gums, or any disease or injury affecting the normal function of any jaw joint.
- No evidence of pulmonary tuberculosis or previous history of this disease or any other disease/syndrome/disability chronic disease of lungs and chest including allergic/immune conditions, connective tissue disorders, musculoskeletal deformities of the chest
- No disease/syndrome/disability of any endocrine system, reticuloendothelial system. There is no disease/syndrome/dysfunction of the genitourinary system including malformations, atrophy/hypertrophy of any organ or gland.

Avoid these Other mistakes

- Ptosis.
- Corneal Opacity.
- Pterygium.
- Lenticular opacity.
- Uveitis.
- Nystagmus.
- Entropion/Ectropion.
- Squint.

- Night blindness.
- Retinal lesions.
- Naso-Lacrimal occlusion

samplepaperlibrary.in

Samplepaperlibrary